## SHAMPOO & CONDITIONER

Wash your hair with the Hair Paradise Products Shampoo. Massage your scalp to make sure you remove all of the dirt and oils that are built up. You can also comb out your hair while the shampoo is still in, but this step is optional.

Once the shampoo is completely rinsed out, apply the Hair Paradise Products Conditioner. You can also comb out your hair while this product is still in. Make sure your hair is completely coated. Then rinse out.

## FLAXSEED GEL

Best used on wet hair. This product is a curl definer. Great for wash-n-gos. Completely wet your hair, and apply in small sections. Use a comb or brush to work the product in and then dry. You can also finger coil for best results.

### HAIR FOOD OIL

Apply to your scalp every 3-4 days.

Message into your scalp for 2 minute.

This has a mixture of oils that penetrates your scalp, and coats your hair to lock in moisture.

# HOW TO GUIDE

Before you start using any products, take a moment to read over the instructions. It's highly recommended that you mist your scalp or hair with water before application. This will help lock in the moisture, and keep your hair moisturized for a long period of time.

Remember that healthy takes time, patience, and repetitive habits.

Hair Paradise Products was made for everyday use, without having to worry about the results later.



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### DOUBLE BUTTAH

This product can be used on wet and dry hair. Apply the product from the root to the tip of your hair. Then twist or braid as desired. Once the hair is completely dry, then untwist and style hair as desired.

Great for twist out & braids outs. Can be used for daily moisture. This is a water based product. That means it will work differently for different hair textures. If your hair can not take a lot of oil, this product will be better since it is lightweight.

## SHAMPOO BAR

This product is the same as the regular Hair Paradise Products Shampoo. You will need to apply it when the hair is fully wet and massage it through your scalp. You can also detangle your hair while you are shampooing it. Rinse it out.

### HYDRATION BUTTERCREAM

This can be used on wet and dry hair.
Also for your skin. Part a section of your hair. Starting at the root and work the product in your hair by brushing or with your fingers. Style your hair as desired. Great for everyday moisture. If you want to use it on your skin. It's best to use it when you're skin it wet. You can still use it when your skin is dry. It's a great substitute for lotion.